

Ashiana Community Project (ACP)

Customs and Traditions of Asian Weddings

ACP Group is a local charity based in Sparkbrook. Our mission is to build a prosperous community within our local area. To support each other; together with individuals and families to be the best they can possibly be.

Ashiana is the Urdu word for nest - a safe nurturing place for growth and development. We promote a positive atmosphere within our centre to help people grow and develop. Our aim is to enhance the quality of life for those living in hardship; by improving their social, physical and economic wellbeing and helping them to achieve higher aspirations.

The partnership with **mac birmingham** and Art Works is first of its kind for Ashiana which has encouraged us to offer something of different value to the community. This is a unique project for our organisation. We have brought together art, music, dance and drama using workshops to explore activities to celebrate the customs and traditions of an Asian wedding.

Through story-telling ladies were sharing their weddings tales and experiences of getting married. For the use of henna, which is traditionally used on the body, we experimented using various fabrics such as candles, canvas, cardboard paint and coloured dyes. We ran singing and music sessions using traditional instruments; tabla, dhol and dholki as well as exploring traditional dance; Dhandi and other custom dances.

