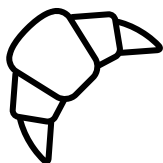




café  
at  
mac

# BREAKFAST



available until 11.30am

## Traditional £7.95

2 rashers of bacon, 2 Lashford's sausages,  
2 poached eggs, field mushrooms,  
baked beans, grilled tomato,  
hash brown & toast

**e g s sd l**

## Vegetarian £7.35

2 soya sausages, hash brown, field  
mushrooms, 2 poached eggs, baked beans,  
grilled tomato & toast (v)

**e g s sd l**

## Vegan £7.35

2 soya sausages, hash brown, field  
mushrooms, baked beans, grilled tomato,  
scrambled tofu & toast (ve)

**g s sd**

## Children's Breakfast £4.00

1 rasher of bacon, 1 Lashford's sausage,  
1 poached egg, hash brown,  
baked beans & toast

**e g s sd l**

## Breakfast Bap £3.75

choose one: bacon • Lashford's sausage •  
soya sausage • mushroom, tomato, cheddar

Add a poached egg or  
grilled tomato +25p

**e g sd l**

## Granola & Berries £3.25

Honey roasted granola topped with fresh  
berries & plain yoghurt\* (v)

\*Replace with soya yoghurt (ve)

**l g n**

## American-Style Pancakes with Maple Syrup £4.50

3 pancakes topped with maple syrup  
and fresh berries (v)

Add bacon + £1.00

**e l**

## Eggs Benedict £5.00

A toasted breakfast muffin topped with ham  
& 2 poached eggs with hollandaise sauce

**e g s l**

## Eggs\* on Toast £3.25

fried, poached or scrambled (v)

\*Replace eggs with scrambled tofu (ve)

**e g s l**

## Beans on Toast £3.25 (v)

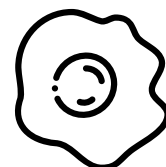
**g l**

## Toasted Teacake £1.60 (v)

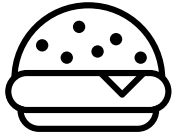
**g l**

## Toast £1.95 (v)

**g l**



BREAKFAST



# MAIN MENU



available from 11.30am

## Chickpea & Spinach Curry £7.00

Served with cumin rice  
& a naan bread (v)

\*Replace naan bread with toasted pitta (ve)

g l

## Cheeseburger £8.25

Served on a toasted brioche bun  
with baconnaise, onion ring,  
beef tomato, gherkin & chips

g e l sd m

## Falafel Flatbread £7.95

Served on a flatbread with  
vegan tzatziki, salad and wedges (ve)

g s

## Cajun Chicken Burger £8.25

Served on a toasted brioche bun  
with rawslaw, onion ring, sweetcorn relish  
& chips

g e l c

### DAILY SPECIALS

Please see our  
specials for our daily  
specials/seasonal  
dishes



## PIZZAS



### Margherita £7.50 g l

Tomato, mozzarella & basil (v)

### Pepperoni Feast £8.25 g l

Tomato, mozzarella & pepperoni

### Greek £8.25 g l

Feta, mozzarella olive & red onion (v)

### Vegetarian £8.25 g l s sd

Soya sausage, mozzarella,  
jalapeno & red onion (v)

Vegan cheese topping available (ve)

MAINS

# SNACKS & BITES



Gluten Free Bread Available

**Soup of the Day £4.25** **g** **l**

**Smoked Harrissa Houmous** **g** **se**  
**& Pitta Bread (ve) £3.95**

**Garlic Mushrooms on Toast (v) £4.50** **g** **l** **s**

**Cheese on Toast (v) £3.25** **l** **g** **s**

**Jacket Potato £4.95**

*Choice of filling:*

Tuna mayonnaise **l** **e** **f**

Cheese & beans (v) **l**

Chickpea & spinach curry (ve)

Spicy Beef Meatballs & Cheese **l** **m**

All served with a salad garnish



## SIDES

**Chips (ve) £2.20**

**Wedges (ve) £2.40**

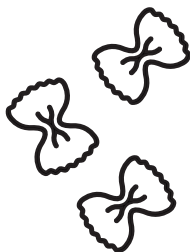
**Garlic Bread (v) £1.50** **l** **g**

### DAILY SPECIALS

Please see our  
specials board for  
our daily specials/  
seasonal dishes

# CHILDREN'S MENU

Meals £4.25



**MEAL OPTION 1:**  
(choose 1 side)



**Pasta, tomato sauce &  
cheddar cheese (v) ① ⑨**  
**Mac & Cheese (v) ① ⑨**

**MEAL OPTION 2:**  
(choose 2 sides)

**Breaded cod fish fingers ⑨ ①**  
**Roasted chicken strips**  
**Lashford's sausage ⑨**  
**Vegan Quorn nuggets (ve) ⑨**

**SIDES DISHES (v)**

**Chips • mashed potato ①**  
**baked beans • vegetable medley**  
**mixed salad • garlic bread ① ⑨**  
**half jacket potato**

**HEAT  
ME UP!**

You are very  
welcome to use  
the microwaves for  
heating your baby  
food.

# HOT DRINKS



## Tea

£1.80 - £2.10

*(variety available!)*



## Americano

£2.20 / £2.30



## Hot Chocolate

£2.40 / £2.50



## Latte

£2.40 / £2.55



## Mocha

£2.50 / £2.65



## Filter coffee

£1.70 / £2.00



## Cappuccino

£2.40 / £2.55



## Espresso

£1.70 (single)

£2.00 (double)

## MILK FREE?

Lactose-free/Almond/  
Oat /Soya Milk &  
Decaffeinated Coffee  
Available. Syrup Shot  
+70p

## ALLERGEN ADVICE

Dishes marked (v) are suitable for vegetarians.  
Dishes marked (ve) are suitable for vegans.

### Allergen Advice

Items marked with the corresponding symbols have the allergen present in that dish. Whilst every effort is made to separate products, our food is prepared in an open environment and may contain traces of allergens that are handled in the kitchen.

<b>g</b> Gluten	<b>e</b> Eggs	<b>se</b> Sesame	<b>sd</b> Sulphur Dioxide
<b>c</b> Celery	<b>n</b> Nuts	<b>le</b> Lupin	<b>p</b> Peanuts
<b>l</b> Lactose/ Milk	<b>f</b> Fish	<b>mo</b> Mollusc	
<b>s</b> Soya	<b>m</b> Mustard	<b>cr</b> Crustacean	

### ALLERGIES?

Please ask if you have any dietary requirements and need help understanding the menu.

### MAC are proud to pledge fairtrade!

Fairtrade changes the way trade works through better prices, decent working conditions and a fairer deal for farmers and workers in developing countries.



MAC use free range eggs.